



ABE'S

MODERN DINER

lunch and dinner

587-254-0539

@abesfood

www.abesfood.ca




MOST OF OUR FOOD CAN BE MADE GLUTEN FREE, but please let us know so we can accommodate your needs or offer alternatives.

All burgers and sandwiches include Abe's handcut fries or soup.

You have the option to upgrade your side to any of the choices below.

****All burgers are served on a brioche bun****

SANDWICHES

- **PULLED BBQ CHICKEN ... 18.5**
slow cooked chicken, Abe's BBQ sauce, cheddar, smokey mayo, lettuce, tomato, brioche bun
- **OLD TAVERN CLUBHOUSE ... 21**
rosemary chicken salad, bacon, cheddar, smokey mayo, lettuce, tomato on 3 slices of texas toast
- **PHILLY CHEESE STEAK ... 18.5**
seasoned flank steak, grilled onions & peppers, swiss cheese, on a pretzel bun
- **PORK BELLY MASTER ... 18.5**
slow braised pork belly topped with bacon-onion jam, lettuce, spicy mayo, brioche bun
- **NAAN GRILLED CHEESE ... 17**
garlic naan bread, smoked bacon, cheddar and swiss cheese
- **SUPER NAAN (double) ... 23**
- **SPICY CHICKEN SANDWICH ... 21** 
fried chicken breast, vinaigrette slaw, pickles, cajun remoulade

POUTINES

- **ABE'S QUEBEC POUTINE ... 16**
Handcut fries, squeaky cheese curds, house gravy, topped with green onion
(HALF ORDER ... 10)
- **BBQ CHICKEN POUTINE ... 19.75**
Handcut fries, bbq chicken, squeaky cheese curds, house gravy, topped with green onions and dill ranch
(HALF ORDER ... 12)
- **SPICY CHORIZO POUTINE ... 19.75**
Handcut fries, spicy chorizo, squeaky cheese curds, house gravy, topped with green onions and dill ranch
(HALF ORDER ... 12)
- **MUDDY POUTINE ... 17**
Handcut fries, squeaky cheese curds, mushroom and peppercorn gravy, topped with green onions
(HALF ORDER ...11)
- **PORK BELLY POUTINE ... 19.75**
Handcut fries, squeaky cheese curds, house gravy, pork belly, spicy mayo, topped with green onions
(HALF ORDER ... 12)
- **BACON POUTINE ... 19.75**
Handcut fries, squeaky cheese curds, grilled onions, bacon bits, house gravy, topped with green onions
(HALF ORDER ... 12)

ABE'S CLASSIC BURGERS

- **CLASSIC AMERICAN ... 19.5** < make it a DOUBLE >24.5
lean Alberta beef, cheddar, tomato, onion, pickles, lettuce, ketchup and mustard
- **TRUFFLE MUSHROOM ... 19.5** < make it a DOUBLE > 24.5
lean Alberta beef, swiss, grilled mushrooms, lettuce and truffle mayo
- **THE LION ... 19.5** < make it a DOUBLE > 24.5
lean Alberta beef, cheddar, lettuce, onions, pickles & Abe's signature sauce
- **THE CHEESY HAWAIIAN .. 19.5** < make it a DOUBLE > 24.5
lean Alberta beef, cheddar and swiss, Abe's tropical sauce and grilled pineapple
- **TEXAS BBQ BURGER ... 19.5** < make it a DOUBLE > 24.5
lean Alberta beef, Abe's BBQ sauce, spicy mayo, cheddar, lettuce, onion ring

ALTERNATIVE BURGERS

- **ELK BURGER ... 21.5** < make it a DOUBLE > 27.5
elk patty with blackened spice, garlic butter, swiss cheese, honey mustard, caramelized onion and lettuce
- **BUFFALO BURGER ... 21.5** < make it a DOUBLE > 27.5
buffalo patty, swiss cheese, caramelized onions, pickles, lettuce, tomato, smokey mayo
- **TURKEY BURGER ... 19.5** < make it a DOUBLE > 24.5
ground turkey patty, pickles, tomatoes, lettuce, swiss cheese, and Abe's cranberry mayo
- **VEGAN VEGGIE ... 20** < make it a DOUBLE > 25
local vegan patty, fresh spinach, peppers, grilled mushrooms, caramelized onions, tomato, guac, on a vegan pretzel bun


ONE OF A KIND BURGERS

- **THE MUDHEAD ... 19.5** < make it a DOUBLE > 24.5
lean Alberta beef, swiss, grilled onions, COVERED in Abe's signature mushroom-peppercorn gravy.
- **HEART STOPPER 2.0 ... 24.5** < make it a DOUBLE > 29.5
lean Alberta beef patty, pork belly, bacon, cheddar, spicy mayo, jalapeños, pickles, onion ring

All burgers and sandwiches include Abe's handcut fries or soup of the day.

You have the option to upgrade your side to any of the choices below.

SIDE UPGRADES

- **YAM FRIES +3.5**
 - **ONION RINGS +4** 
 - **STRAWBERRY SPINACH SALAD +4**
 - **CHIPOTLE CAESAR SALAD +4**
 - **QUEBEC POUTINE +4**
- **PORK BELLY POUTINE +6**
 - **BACON POUTINE +6**
 - **MUDDY POUTINE +4.5**
 - **BBQ CHICKEN POUTINE +6**
 - **CHORIZO POUTINE +6**



CONTAINS GLUTEN & CAN NOT BE MODIFIED



ABE'S

MODERN DINER

MOST OF OUR FOOD CAN BE MADE GLUTEN FREE,
BUT PLEASE LET US KNOW SO WE CAN OFFER ALTERNATIVES.

STARTERS

- CENTRE STREET DUMPLINGS ... 15
Deep fried, YYC Chinatown pork & vegetables
- DEEP FRIED PICKLES ... 12
- BBQ CHICKEN TOSTADAS 16
two fried corn tortillas, bbq chicken, lettuce, sour cream, feta cheese and pickled red onion
- ONION RINGS / half ... 9/ full ... 14
- ABE'S HOUSE CUT FRIES half...5 /full ...9
- YAM FRIES / half ... 8/ full ... 13
- SOUP OF THE DAY/half ... 6/ full ... 9.95
add Naan bread... 1.5
- ABE'S LETTUCE TACOS ... 16
two leaf lettuce, guacamole, sour cream, cheddar cheese, pickled onion, salsa
Choose between:
BBQ CHICKEN or PORK BELLY

FRESH BAR

- CHIPOTLE CAESAR SALAD ... 18
fresh lettuce, crispy bacon, grated parmesan, house-made lime-chipotle dressing, garlic naan
HALF ORDER ... 9.95 / (add chicken +3.95 / add steak +4.95)
- BERRY SPINACH SALAD ... 18
fresh spinach, feta cheese, strawberries (or blueberries depending on market), crispy bacon, mushrooms, cucumbers, housemade smoked honey vinaigrette
HALF ORDER -9.95 / (add chicken +3.95 / add steak +4.95)
- BOSTON COBB SALAD ... 21
roasted chicken breast, cheddar cheese, bacon, avocado, cucumber, cherry tomatoes, hard boiled egg, fresh lettuce, house-made red wine vinaigrette

FOR THE LITTLES

ALL MEALS COME WITH A JUICE BOX

- GRILLED CHEESE ... 10
grilled texas toast, cheddar cheese, side of fries
- CHEESEBURGER ... 10 / < DOUBLE > ... 15
fresh lean beef, cheddar, pickles, ketchup, side of fries
- KID'S POUTINE ... 10
Abe's handcut fries, squeaky cheese curds, house gravy
- POPCORN CHICKEN ... 10
breaded chicken breast, plum sauce, side of fries

EXTRAS

- FRIED EGG + 3
- ADD BACON + 3
- ADD CHEESE + 3
- AVOCADO +3.5
- TRUFFLE MAYO +2
- SIDE SAUCE +1.5
- SIDE HOLLANDAISE +1.50
- SIDE HASH BROWNS +3.5
- SIDE CINNAMON BUN PANCAKE +9.5
- SIDE of TOAST +2.95
- SIDE OF NAAN BREAD + 2.95
- GLUTEN FREE TOAST +2.95
- BREAKFAST SAUSAGE +4
- CHORIZO SAUSAGE +4.95

CONTAINS GLUTEN & CAN NOT BE MODIFIED

weekday brunch

11 AM-2PM

BREAKFAST CLASSICS

- TRADITIONAL ... 16.5
two farm-fresh eggs, three slices of bacon, hash browns, topped with green onions, side of Texas toast
- SKIRT STEAK AND EGGS ... 17
two farm-fresh eggs, four-ounce grilled flank steak strips, hash browns, topped with green onions, side of Texas toast
- MINI TRADITIONAL ... 10
1 scrambled egg, 2 bacon strips, side of hash, 1 slice of toast
- THE BREAKFAST CLUB SANDWICH ... 17
two farm-fresh eggs, bacon, cheddar cheese, tomato, guacamole with a side of hash browns, topped with green onions
SUB Flank Steak instead of bacon +\$2.5
- CALIFORNIA EGGS BENNY ... 19.5
two poached eggs, bacon, tomato, avocado, dill hollandaise and hash browns, topped with green onion

11 AM-2PM

SCRAMBLERS

- ABE'S SCRAMBLER ... 17.5
two farm-fresh eggs, chopped bacon, chorizo sausage, hash browns, diced tomatoes all scrambled together and topped with green onions (add Cheese +3)
- KETO SCRAMBLER ... 18.5
three farm-fresh eggs, chopped bacon, chorizo sausage and cheese scrambled together, topped with half avocado and green onions
- VEGGIE SCRAMBLER ... 17
two farm-fresh eggs, sauteed mushrooms, peppers, onions, tomatoes, scrambled with hash browns, topped with green onions (add cheese +3)

MEXICAN BREAKFAST

- CHILAQUILES ... 18
corn tortilla chips, roasted salsa roja, feta cheese, sour cream, onion, cilantro, two eggs any style

ADD STEAK, CHORIZO or PORK BELLY +4.95

SPECIALS

- ABE'S FEATURE ... MKT \$
Ask server for this months's special

SWEET BREAKFAST

- CINNAMON BUN PANCAKES ... 16.5
two pancakes with cinnamon swirl, vanilla butter
- BANANA BREAD FRENCH TOAST ... 18
comes with two strips of bacon, a side of vanilla butter, syrup
- STRAWBERRY FRENCH TOAST ... 17 / Make it Gluten Free ... +2.75
powdered sugar, vanilla butter, strawberry compote, whip cream
- CHEESECAKE FRENCH TOAST ... 18
french toast, cheesecake filling, blueberry compote, vanilla butter, whip cream
- KID'S PANCAKES ... 10
icing sugar, vanilla butter, syrup, juice box